

Nutrition Facts

Servings 20.0

Amount Per Serving

Calories 54

% Daily Value *

Total Fat 2 g	4 %
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Saturated Fat 1 g	4 %
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Monounsaturated Fat 0 g	
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Polyunsaturated Fat 0 g	
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Trans Fat 0 g	
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Cholesterol 0 mg	0 %
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Sodium 32 mg	1 %
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Potassium 27 mg	1 %
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Total

Carbohydrate 8 g	3 %
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Dietary

Fiber 1 g	4 %
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Sugars 6 g	
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Protein 2 g	4 %
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Vitamin A	0 %
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Vitamin C	0 %
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Calcium	0 %
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Iron	2 %
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* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.
