

Smoked Salmon Salad Sandwichs

Nutrition Facts

Servings 4.0

Amount Per Serving

calories 412

% Daily Value *

Total Fat 12 g **19 %**

Saturated Fat 0 g **1 %**

Monounsaturated Fat 0 g

Polyunsaturated Fat 0 g

Trans Fat 0 g

Cholesterol 3 mg **1 %**

Sodium 750 mg **31 %**

Potassium 523 mg **15 %**

Total

Carbohydrate 42 g **14 %**

Dietary

Fiber 10 g **40 %**

Sugars 10 g

Protein 39 g **77 %**

Vitamin A **77 %**

Vitamin C **36 %**

Calcium **20 %**

Iron **29 %**

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.
